

THE ROTARY HYMN

I want to be a Rotarian for the world,
Make the Rotary flag as a flag of peace unfurled;
I shall serve my community,
Help achieve universal unity.
Through Rotary, I shall dedicate my all,
World understanding shall be my cherished goal.

Refrain: With the Four Way Test
I'll pursue my quest
And if I, in a way, help obtain
Peace in the world
I shall not have lived in vain.

I observe service above self,
Lend a hand to all who need my help;
I'll get my spouse to involve in Rotary
And in Rotary ways, I will train my family.

Refrain: With the Four Way Test
We'll pursue our quest
And if I, in a way, help obtain
Peace in the world
We shall not have lived in vain.

Build a bridge for tomorrow's youth,
Strengthened by nothing but the truth;
Let's join our hands, there's no reason we'll divide.
We shall all understand, while the good Lord is our guide.

Refrain: With the Four Way Test
We'll pursue our quest
And if I, in a way, help obtain
Peace in the world
We shall not have lived in vain.

Peace be achieved,
We shall not have lived in vain.

Rotary
Central Polomolok



THE CENTRALIAN BULLETIN

District 3860 | Area 3H

Club ID #: 87179

Chartered Date: November 27, 2015

Rotary Year 2023-2024

Meets every Saturday at 3PM
TIBUD Sa Katibawasan Multi-Purpose Cooperative Office,
Polomolok, South Cotabato 9504
Contact #: 0916-608-0663

OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

FIRST. The development of acquaintance as an opportunity for service;

SECOND. High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;

THIRD. The application of the ideal of service in each Rotarian's personal, business, and community life;

FOURTH. The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

THE FOUR-WAY TEST

OF THE THINGS WE THINK, SAY OR DO

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

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Open Forum	
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Part II: Fellowship

OCTOBER BIRTHDAY CELEBRANT



October 22

ACHIEVEMENTS

CLUB PAST PRESIDENTS



Nemia Jacobo-Grecia, PHF
RY 2015-2017

Be a Gift to the World and Rotary Serving Humanity



Asuncion M. Uayan, PHF
RY 2017-2018
Rotary: Making a Difference



Alberto N. Santos, PHF
RY 2018-2019
Be the Inspiration



Judieta S. Sorolla, PHF
RY 2019-2020
Rotary Connects the World



Junbard N. Mahinay, PHF
RY 2020-2021
Rotary Opens Opportunities



Ivy L. Bulosan, PHF +2
RY 2021-2022
Serve to Change Lives



Leila N. Bajunaid, PHF
RY 2022-2023
Imagine Rotary

OCTOBER ACTIVITIES

Month	Date	Club Activity/Title
October	4	Meeting via Zoom for Pink October
October	4	Mental Health Awareness Meeting
October	7	6th Club Meeting
October	9	Area 3H Meeting
October	12	Appreciation Post - TIBUD - Integrity Award
October	13	Color Me Fun Registrants
October	14	Pink October - Pink Festival
October	18	Patak to End Polio
October	18	Virtual Polio Summit 2023 (6PM)
October	21	Walk to End Polio
October	22	5th ACOM
October	26	7th Club Meeting/Fellowship

NOVEMBER ACTIVITIES TO LOOK FORWARD

- November 11 – Service Project at
- November 18 – Mental Health Awareness Symposium
- November 25 – Club Anniversary Celebration
- November 25 – Bloodletting Activity

RI PRESIDENTIAL MESSAGE

October 2023

The World Health Organization designates 10 October as World Mental Health Day, and with Rotary placing a special focus on mental health this year, I would like to help answer the question posed to me most often when I travel to meet members: How can my club get started?

There are some wonderful examples of Rotary members taking action already. In the Philippines, the Rotary Club of Tiaong-Hiyas held a 12-week health challenge for mothers in the community to promote some baseline health screenings and coaching on a healthier lifestyle.

By the end of the challenge, the mothers had a special bond and decided to form a Rotary Community Corps called Ilaw ng Tahanan (“one who lights up the home”) with the goal of involving more mothers in health education and wellness support — and later youth services, teen pregnancy prevention, and help with unhealthy substance use. Almost a year later, the RCC is preparing to open its own health center where mothers can come for peer-to-peer support.

Another strong example is in Colorado. In the fall of 2021, a small group of stakeholders from the Rotary Club of Highlands Ranch formed the Rotary Clubs of Colorado Endowed Fellowship for Pediatric Mental Health, which enhances the ability of Children’s Hospital Colorado to recruit and train pediatric psychiatry providers and allows the hospital network to make additional appointments. This increases access to mental health care for children and decreases provider shortages.

Since then, the project has brought on new supporters and is now fully funded with a \$500,000 endowment. Investment income from this endowment will support a fellow — a psychologist or psychiatrist — at Children’s Hospital. A new fellow will be named every one to two years, beginning spring of 2024. Over time this will create a cohort to bolster the mental health workforce, treating kids from all 64 Colorado counties and neighboring states.

There are many more great mental health project stories on Rotary Showcase, and I invite you to share your experiences as you begin your own projects. Also, please reach out to mindhealth@rotary.org with any thoughts or ideas you would like to share about mental health in the Rotary world.

On 10 October, I will host a Facebook Live event when we will recognize World Mental Health Day and further explore how Rotary members can begin this journey. But I would like to leave you with one way every Rotary member can make a difference. Right now, there is someone you know in the Rotary world — in your club, from a project you’ve worked on, in a Rotary Fellowship or Rotary Action Group — who could use a little more of your time and attention. Rotary is this great gift of global friendship, and that also means being there for each other.

Discovering the human connections that bind us is what we do through our membership every day. It’s what Rotary has always been about, and we can build on it by helping each other find peace at home.

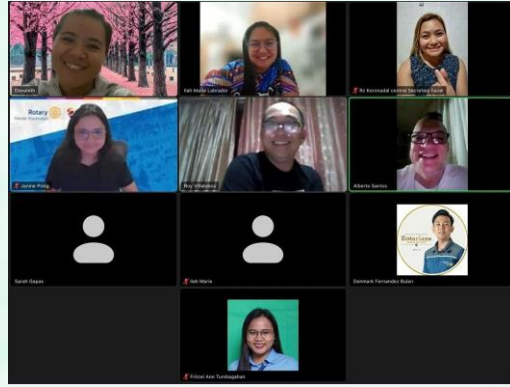
We need to learn how to ask not just “How are you?” but also “How are you really?” By doing so, Rotary can continue to *Create Hope in the World*.



R. Gordon R. McNally
 President 2023-24



6th Club Meeting and Fellowship



Area 3H Meeting



Supporting our Mother Club on their Color Me Fun Event at Koronadal



Pink October - Breast Cancer Awareness Campaign



Pink Zumba



7th Club Meeting and Fellowship

PEOPLE OF ACTION PHOTOS



Patak to End Polio
Vaccinated babies to eradicate polio



Walk to End Polio – Awareness campaign to end polio

CLUB HISTORY

The Rotary Club of Central Polomolok was created through the altruistic efforts of the young men and women of Polomolok with strong passion and dedication for service. In September 2015, the core group closely examined the Rotary Guidelines, including the Constitutions and By-Laws of the Rotary International (RI) in preparation for the creation of the new rotary club. All perspectives were carefully evaluated. The group engaged in discussions with Rotarians from different clubs who have advanced knowledge and expertise in the world of rotary. Series of consultations were made with rotary personalities of RI District 3860, particularly Zone 3G.

Governor Salvador G. Estudillo of the RI District 3860, together with Zone 3G's Assistant Governor Eddie M. Hocson and the host club, Rotary Club of Koronadal played a significant roles on the preparatory phase of the chartering.

On November 24, 2015, through the assistance of Gov. Estudillo and AG Hocson, the group was able to submit to Rotary International its complete documentary requirements for registration. After three days from submission, Rotary International approved the application for registration of the Club. On November 27, 2015, the Charter Certificate was signed by RI President K.R. Ravindran for RY 2015-2016. On December 12, 2015, the club had its Charter Presentation graced by District Governor himself.

The Club meets every Friday at 6:30 in the evening in Taps and Mix, 2nd Floor, New Public Market Building, Polomolok, South Cotabato.

Currently, the Club has 27 Active Members and 2 Honorary Member.

CLUB OFFICERS

Donalet R. Lariosa
Club President

Herne Rose M. Chan
Secretary

Flordelisa C. Estabillo
President-Elect

Erljohn V. Dulla
Treasurer

Wilfredo G. Uayan
Vice-President

Grace Christie G. Sensano
Auditor

Leila N. Bajunaid
Immediate Past President

Abdul Rahman N. Bajunaid
Sergeant At Arms

CLUB DIRECTORS

Flordelisa C. Estabillo
Club Administration

Ibrahim C. Maguigulid
Vocational

Rodilyn G. Dapanas
Membership

Judieta S. Sorolla
Fund Raising

Hannah Alison M. Cosep
Public Relation

Lilibeth I. Machan
Youth Service

Yohei Kajikawa
Community

Leila N. Bajunaid
International

Junbard N. Mahinay
TRF

ROOSTER OF MEMBERS

Name	Classification
Aranco, Ronie T.	Print and Advertising
Bajunaid, Leila N. (PHF)	Retail Management
Bajunaid, Abdul Rahman N. (PHF)	Medical Distribution
Bulosan, Ivy L. (PHF)	Accounting
Calfoforo, Meljureto M. (PHF)	Beauty Consultant
Chan, Herne Rose M.	Pharmacy: Commerce and Hospital
Cosep, Hannah Alison M.	Packaging and Production
Dapanas, Rodilyn G.	Engineering Services
Dulla, Erljohn V.	Human Resource
Estabillo, Flordelisa C. (PHF)	Restaurant Management
Genita, Elmer P.	Warehouse and Inventory Optn
Kajikawa, Yohei (PHF)	Information and Technology
Lariosa, Donalet R.	Packaging and Production
Machan, Lilibeth I.	Construction
Maguigulid, Ibrahim C.	Community Relation
Mahinay, Junbard N. (PHF)	Cooperative Management
Mariano, Kenny E. (PHF)	Farm Management
Pabillo, Analyn F	Accounting
Panes, Shirley S.	Law: General
Salada, Maria Teresa B. (PHF)	Trading
Santos, Alberto N. (PHF)	Retail Management
Sensano, Grace Christie G.	Farm Management
Sorolla, Alex P. (PHF)	Farm Management
Sorolla, Judieta S. (PHF)	Clothing And Apparel Management
Uayan, Asuncion M. (PHF)	Law: General
Uayan, Wilfredo G.	Farm Management
Zabala, Mark Louie L.	Law: General

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